

**Aman Hussain, PhD.**

My research program attempts to fulfill my research mission which is, to serve those who serve. Spanning prehospital emergency medical services, high risk/high stress occupations, workplace learning, health professions education, and kinesiology, my research is qualitative, focusing on ongoing professional development. I have completed research projects on adult learning in high performance coaching contexts, the process of 'becoming' emergency medicine physicians, and prehospital ongoing professional development of emergency medical services (EMS) personnel. Any student interested in these areas should feel free to contact me at am.hussain@uwinnipeg.ca.

**Tom Hammond, PhD. Adjunct Professor**

I am the Executive Director of Science & Innovation at Well Aligned Consulting. With over 15 years of international consulting experience, I have worked across the healthcare, banking, government, non-profit, higher education, and professional sport industries.

My research is focus on clinical sport psychology, subjective wellbeing (happiness), and organizational performance. Recent projects include failure-based depression among elite athletes, evaluating athletic performance among Olympic athlete experience. ua

**2023 Research Project -Rest or Run**

This year's Honours project will focus on understanding the effect of exercise on the psychological wellbeing of university students across the mental health spectrum. Rest or Run? Students will gain experience working with large data sets (~50k participants).

Melanie Gregg, PhD.